

# LOCAL AGENCIES

## FOR FOOD & OTHER RESOURCES IN TIMES OF NEED

[211.ca](https://211.ca) or call or text 211 to find resources available in your community including food, financial, emergency/crisis, family services, gov't/legal, healthcare, housing and homelessness.

At the 211.ca website click on the **VISIT ONTARIO 211** button (bottom right-hand corner) to search for services in your community. There is a web chat available from 7am to 9pm where you will be connected with a real person.

When you call or text 211 a live person will answer 24/7. Service is available in 150+ languages.

### INGERSOLL

**STICH Supper Club:** [stichsupperclub.ca](https://stichsupperclub.ca)

What: Hot dinner

When: Every Thursday from 4:30pm – 6pm

Where: Trinity United Church (basement) 118 Church St.  
(off of King St.) Ingersoll

Cost: FREE or pay what you can

**Salvation Army Food Bank**

When: Open daily

Where: 48 Charles St. W., Ingersoll in the  
Foodland/LCBO plaza

### WOODSTOCK

**Operation Sharing, Bullwinkle's Eatery**

What: Hot lunch meal

When: Tuesdays, Wednesdays and Thursdays noon –  
1pm

Where: College Ave. United Church, 22 Wilson St.  
Woodstock at the Peel Street Entrance with the steps.

Cost: Pay what you can

**Operation Sharing, Food for Friends**

What: Food for Friends cards, toiletries, personal  
hygiene products, cleaning products and used clothing,  
shoes and bedding items are also available.

Where/When:

- Woodstock, College Avenue United Church, 22  
Wilson Street:
  - Monday, Wednesday & Friday 9am-11:30am

### TILLSONBURG

**Society of Saint Vincent de Paul**

What: Emergency Food Pantry / Rent & Hydro  
Assistance

Where: St. Mary's Roman Catholic Church; 51 Venison  
St W (basement), Tillsonburg

When: Year round

Call: [519-842-3224](tel:519-842-3224) - ext. 5

**The Salvation Army**

What: Emergency food assistance for persons in need  
\*formula and diapers when available

Where: 155 Broadway St., 2nd Floor, Tillsonburg

**Cycles of Life, Community Outreach Table**

What: food and other necessities

When & Where:

- Ingersoll - Tuesdays from 1-3pm
  - Masonic Hall, 190 Thames St. S.

**Operation Sharing, Food for Friends**

What: Food for Friends cards, toiletries, personal  
hygiene products, cleaning products and used clothing,  
shoes and bedding items are also available.

Where & When:

- Ingersoll, Trinity United Church, 118 Church  
Street: Tuesday and Thursday 9:30am-12noon

**Salvation Army Food Bank**

What: non-perishable food and some select fresh foods,  
limited baby food, formula, diapers

When: Open by appointment only Mon, Wed, Fri 9 am-3  
pm; Call: [519-539-6166](tel:519-539-6166)

Where: 190 Huron St. Woodstock

**Cycles of Life, Community Outreach Table**

What: food and other necessities

Where & When:

- Woodstock - Monday Wednesday and Friday  
from 1-3pm
  - Parking lot of College Avenue United  
Church, 22 Wilson Street

**Helping Hand Food Bank**

Where: 131B Rolph St., Tillsonburg

When: Food service is provided on Wednesdays 11am to  
3:30pm, by appointment. These are booked at least 2  
weeks ahead of time.

How: Call on Tuesday mornings from 9 am - 11 am for an  
appointment. Our phone system is not active but we can  
book via email: [foodbankappointments@gmail.com](mailto:foodbankappointments@gmail.com)

**Cycles of Life, Community Outreach Table**

What: food and other necessities

Where & When:

- Tillsonburg - Thursdays 11am-1pm
  - Back of the Upper Deck Youth Centre