



## REMINDER

***You might be due for routine cancer screening.***

### **When to get screened:**

#### **Breast Cancer**

Every 2 years between ages 50-74.

#### **Cervical Cancer**

Every 3 years between ages 25-70 if you have a cervix and you are or have ever been sexually active.

#### **Colorectal Cancer**

Every 2 years between ages 50-74.

### **How to get screened:**

To learn how to book each type of screening appointment or for more information, visit [www.oxfordoht.ca/cancer-screening](http://www.oxfordoht.ca/cancer-screening) or scan the QR code.

