

# UPDATES

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## UNIFOR (LONDON REGIONAL) ACTION CENTRE

### LOCATIONS

#### Unifor Local 88

364 Victoria St. Ingersoll, ON  
Phone: 519-425-0952 Ext #104  
Email: [actioncentre@unifor88.ca](mailto:actioncentre@unifor88.ca)  
Hours: 8am - 4pm

#### Unifor Local 27

606 First St. London, ON  
Phone: 519-455-3430 Ext 226  
Email: [l.ractioncentre@local27.ca](mailto:l.ractioncentre@local27.ca)  
Hours: 8am - 4pm

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## WORKSHOPS

### @LOCAL 88

**Lift Truck Certification - July 22 Theory 9am - 1pm**  
**(Practical portion TBD) 2 spots available**

**Smart Serve - July 31<sup>st</sup> 12pm - 4pm**

**Safe Food Handling - August 7<sup>th</sup> 9:30am - 3:30pm**

**CPR & First Aid (2 more sessions) - August 11 & 12 and**  
**September 8 & 9 from 9am - 4pm**

**Word Level 1 - August 19<sup>th</sup> 9am - 12pm**

**Excel Level 1 - August 21<sup>st</sup> 9am - 12pm**

**Mental Health First Aid - August 26<sup>th</sup> 9am - 5pm**

*If you would like to attend, please reach out to us at*  
***[actioncentre@unifor88.ca](mailto:actioncentre@unifor88.ca) or call 519-425-0952 ext #104***