

# U P D A T E S

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## UNIFOR (LONDON REGIONAL) ACTION CENTRE

### LOCATIONS

#### Unifor Local 88

364 Victoria St. Ingersoll, ON  
Phone: 519-425-0952 Ext #104  
Email: [actioncentre@unifor88.ca](mailto:actioncentre@unifor88.ca)  
Hours: 8am - 4pm

#### Unifor Local 27

606 First St. London, ON  
Phone: 519-455-3430 Ext 226  
Email: [l.ractioncentre@local27.ca](mailto:l.ractioncentre@local27.ca)  
Hours: 8am - 4pm

### WORKSHOPS

#### @LOCAL 27 - LONDON

CPR & First Aid - September 22 & 23 from 9am - 4 pm

#### @LOCAL 88 - INGERSOLL

Lift Truck Certification - August 18 from 8:30am - 5:00pm (this is in London)

Financial Counselling - September 18 @ 11am

Traffic Control & Signal Person - September 23 from 8:30am - 4:00pm

Microsoft Word Level 1 - September 24 from 9am - 12pm

Microsoft Excel Level 1 - September 25 from 9am - 12pm

Smart Serve - September 26 from 9am to 1pm

Psychological First Aid - October 6 & 7 from 9am to 4pm

Safe Food Handling - October 8 from 9:30am to 3:30pm

Mental Health First Aid - October 15 from 9am - 5 pm

CPR & First Aid - October 22 & 23 from 9am - 4pm

**IF YOU ARE UNABLE TO ATTEND - PLEASE LET US KNOW SO WE CAN CONTACT  
SOMEONE WHO IS ON THE WAITLIST**

*If you would like to attend, please reach out to us at  
**[actioncentre@unifor88.ca](mailto:actioncentre@unifor88.ca) or call 519-425-0952 ext #104***