

# UPDATES

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## UNIFOR (LONDON REGIONAL) ACTION CENTRE

### LOCATIONS

#### Unifor Local 88

364 Victoria St. Ingersoll, ON  
Phone: 519-425-0952 Ext #104  
Email: [actioncentre@unifor88.ca](mailto:actioncentre@unifor88.ca)  
Hours: 8am - 4pm

#### Unifor Local 27

606 First St. London, ON  
Phone: 519-455-3430 Ext 226  
Email: [l.ractioncentre@local27.ca](mailto:l.ractioncentre@local27.ca)  
Hours: 8am - 4pm

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### WORKSHOPS

#### @ LOCAL 27 LONDON

- January 21 @ 9am-12pm **Microsoft Word Level 2**
- January 27 @ 8:30am-4:30pm - **Lift Truck Certification @ Pathways in London**
- February 4 @ 9am-12pm **Microsoft Excel Level 2**
- February 11 & 12 @ 9am-4pm **CPR & First Aid** \*pending extension\*

#### @ LOCAL 88 INGERSOLL

- January 26 @ 9am-12pm **Microsoft Word Level 1**
- January 29 @ 9am-12pm **Microsoft Excel Level 1**
- February 4 & 5 @ 8:30am-4:30pm **ASIST (Applied Suicide Intervention Skills Training)**
- February 6 @ 9am-1pm **Photo Composition** with Doris Weir
- February 10 & 11 @ 9am-4pm **Psychological First Aid** \*pending extension\*

**IF YOU ARE UNABLE TO ATTEND - PLEASE LET US KNOW SO WE CAN  
CONTACT SOMEONE WHO IS ON THE WAITLIST**

*If you would like to attend, please reach out to us at **[actioncentre@unifor88.ca](mailto:actioncentre@unifor88.ca)**  
or **[l.ractioncentre@local27.ca](mailto:l.ractioncentre@local27.ca)**, or call **519-425-0952 ext #104**  
or **519-455-3430 ext 226**.*